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ORTHOPEDIC SURGERY

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CASTING CHECKLIST

Whether your treatment involves a Spica Cast or Serial Casting, these are items that patients and their families found useful to have on hand:

- spare outfit or onesie for serial cast application (the process can be messy)
- extra diapers or modified underwear
- modified pants or shorts for a spica cast
- stroller, wagon or wheelchair
- soap, personal towel and washcloth/loofah for sponge baths
- lotion and/or baby powder
- iPad or tablet and chargers (have movies downloaded in case the internet is unreliable)
- headphones
- comfort items (blanket, stuffed animal, etc.)
- water and snacks

If a spica cast is applied following surgery, the hospital may discharge you with a special seatbelt. Otherwise, you may need to modify how your child is belted into the car. Be prepared to get creative.

- pillows, pillows pillows
- box, bin or small suitcase to prop the casted leg(s) on